



Active Start 2

(2nd year preschool, born in 2013)

Participants will continue to develop fundamental movement skills such as balancing, swinging, climbing, and rotations. Movement challenges are created for children to explore and resolve, further developing body awareness, agility, balance, coordination, strength, and flexibility. Music and dance activities are incorporated into each lesson, encouraging creative movement and space exploration in a safe and fun environment. Participants should have exposure to a structured program setting prior to registration in this class.

FALL 2017

Monday

11:15-12:15

Tuesday

10:15-11:15

12:15-1:15

1:30-2:30

4:30-5:30pm

Wednesday

11:00-12:00

Thursday

10:15-11:15

12:15-1:15

Friday

11:45-12:45

Saturday

10:15-11:15

11:15-12:15