



## InterClub

The PLAY Gymnastics BC Interclub program is for beginner to advanced recreational athletes in BC. It extends performance and training opportunities as gymnasts showcase their personal ability, participate in gymnastics events and perform routines in a creative way. Interclub is performance based and focuses on the opportunity to perform and take pride in athletic achievement. Athletes and coaches have creative license in routine development and performances. In Interclub, athletes perform routines that are given positive feedback. Interclub is not to be used as a developmental, competitive or pre-competitive program. Athletes in this group may be able to participate in 1 or 2 interclub meets a year. Meet fees, travel and accommodations are the responsibility of the individual family. Classes are 2 hours in length.