



Jumpers & Tumblers

In this fun filled introduction to trampoline the main objective for participants is to develop and master the fundamental movement skills on trampoline as well as begin to learn basic trampoline skills. This class will be taught on the floor, in the foam pit, on the mini tramp and the main trampoline. Safety is priority and skills will start from the floor up.

FALL 2017

Junior Jumpers & Tumblers Grade 2-3

Monday 3:45-4:45pm

Saturday 12:45-1:45pm

Senior Jumpers & Tumblers Grade 4-6

Thursday 6:15-7:15pm

Saturday 10:30-11:30am