



# North Peace Gymnastics Communicable Disease Plan

*Please note: this document is subject to change following provincial health and safety requirements.*

This Club Communicable Disease Plan has been approved by the North Peace Gymnastics Associations (NPGA) Board of Directors on July 2 2021.

# NPGA's Communicable Disease Plan

A communicable disease is an illness caused by an infectious agent or its toxic product that can be transmitted in a workplace from person to person. Examples of communicable diseases that may circulate in a workplace include COVID-19, norovirus, and seasonal influenza.

Communicable disease prevention focuses on basic risk reduction principles to reduce the risk of workplace transmission of COVID-19 and other communicable diseases. The fundamental components of communicable disease prevention include both ongoing measures to maintain at all times and additional measures to be implemented as advised by Public Health.

NPGA is committed to creating a safe working environment for staff and participants that reduces the risk of transmitting communicable diseases. NPGA will complete the following:

1. NPGA will support staff who may be sick with a communicable disease to avoid working while sick (for example, fever and/or chills, recent onset of coughing, diarrhea);
2. NPGA will promote hand hygiene by providing hand hygiene facilities in the bathrooms (main level), multi purpose room bathrooms (upper level), multi purpose room sink (upper level) with appropriate supplies and reminding employees and participants with signage to wash their hands regularly and to use appropriate hygiene practices. NPGA will also provide hand sanitizer at all exterior doors of the facility;
3. NPGA will maintain a clean environment through routine cleaning processes; mid day disinfecting of all high touch surfaces (using Vital Oxide, Vanguard, Lysol), nightly fogging of the entire facility (using Vital Oxide) and weekly deep cleaning by a professional cleaning service (using products that are approved to be effective against the common communicable diseases).
4. NPGA and Sterling Management will ensure building ventilation is properly maintained and functioning as designed;
5. To a reasonable extent, NPGA will support employees in receiving vaccinations for vaccine-preventable conditions;
6. NPGA is prepared to implement additional prevention measures as required by a medical health officer or the provincial health officer to deal with communicable diseases in our club, should those be necessary.