

North Peace Gymnastics Association

ANNUAL REPORT

2023-2024



OUR MISSION IS TO: OFFER FIRST CLASS, PROVINCIALY RECOGNIZED
PROGRAMMING THAT GETS THE KIDS IN TEH CAR WITHOUT YOU ASKING TWICE
ENCOURAGE AND OFFER SKILL DEVELOPMENT THAT INSTILLS LIFE-LONG,
POSITIVE PHYSICAL LITERACY
CREATES AN ENVIRONMENT THAT IS SAFE, INCLUSIVE AND FAMILY ORIENTED
BE AN ORGANIZATION THAT IS FINANCIALLY VIABLE

The NPGA Team

Board of Directors

2023-2024

CHAIR

Sarah MacDougall

VICE-CHAIR

Sara Carroll

TREASURER

Astra Fraser

SECRETARY

Melissa Fast

DIRECTOR AT LARGE

Jessica Ditomaso

Stacey Moore

Annette Antoniak

Staff 2023-2024

EXECUTIVE DIRECTOR

Chantelle Yates

RECEPTION

Tarin Henrickson

WAG XCEL &

INTERCLUB

Mimi Lessard

Jason Wilson

Samantha Thomas

Katie Yates

GYMNASTICS FOR ALL & ACTIVE START

Ashley Hafner

Mimi Lessard

Piper Masse

Brittany Willson

Jason Wilson

Katie Yates

Samantha Thomas

River Dawn-Castle-hired 2024

Ashley Lawson-hired 2024

NINJA & PARKOUR

Jason Wilson

River Dawn-Castle-hired 2024

Staff-Cont.

GYM & LEARN

Tarin Henrickson-ECE

COORDINATORS

Tarin Henrickson-Active Start &
GFA

Samantha Thomas-Camps

Support Staff

EQUIPMENT SAFETY

OFFICER-volunteer

Ryan Tancock

BOOKKEEPING

DC Bookkeeping & Accounting
Services

CLEANING

EC Breezy Cleaning Services

Message From Our Executive Director

Dear Members, Athletes, Coaches, and Families,

As we reflect on the year gone by, it's with immense pride and gratitude that we celebrate the many achievements and milestones at NPGA. This past year has truly been a remarkable one for our community, filled with growth, new opportunities, and exciting challenges.

One of our key focuses this year was expanding and enhancing our programming, and we are thrilled to have introduced several new initiatives. Among them were our annual recreational classes, the "Fitter for Life" seniors' programs, and the launch of Gym & Learn, our licensed preschool program. These additions reflect our ongoing commitment to providing inclusive and accessible opportunities for individuals of all ages and abilities to engage in physical activity and develop their skills.

We also saw the growth of our coaching team, welcoming a new full-time coach to the NPGA family. This has allowed us to further improve the quality of training and support we offer our athletes. In addition, we introduced the Pre-Coach In Training program, which saw 9 participants actively engaged in leadership development and progressing through their training. This is a vital investment in the future of our sport, and we're excited to see these young leaders continue to grow.

Our competitive team had a truly memorable year. They had the incredible opportunity to compete in their first international competition in Las Vegas, as well as their first Xcel Provincials and several other meets. We are proud to say that our athletes delivered impressive performances, with numerous podium finishes. Notably, we celebrated two provincial platinum champions and both a bronze and platinum zone champion. These achievements are a testament to the hard work and dedication of our athletes and coaching staff.

At NPGA, we continue to prioritize the safety and well-being of our athletes. We remain committed to the principles of Safe Sport, and throughout the year we diligently updated our policies and procedures to ensure that we are providing a safe, supportive, and inclusive environment for everyone involved.

None of this would be possible without the tireless efforts of our amazing coaching team. Your dedication, passion, and expertise make a difference every day, helping to inspire a lifelong love of sport and physical literacy in our athletes. On behalf of the entire NPGA community, we extend a heartfelt thank you to each and every one of you.

Looking ahead, we are excited for another year of growth, learning, and success. Together, we will continue to build a community where athletes of all ages and abilities can thrive, develop, and reach their full potential.

Thank you for your continued support and for being an essential part of the NPGA family.

Chantelle Yates

MEMBERSHIP OVERVIEW

2019-2020 739 members

2020-2021 633 members

2021-2022 698 members

2022-2023 809 members

2023-2024 805 members

723 Recreational Athletes

55 Xcel Athletes

27 Interclub Athletes